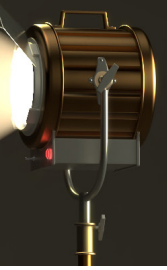


Soul Factor

Working With Wellbeing



Starter Questions

- How would you describe your current company's corporate culture? What 3 to 5 words would you use? Why? What evidence shapes your thinking on this?
- What makes good work culture and what causes toxic culture?
- What culture do you want to see at work and how do your actions shape values practiced?

Talk Discussion

Working with wellbeing by Carl Thong

Any comments, questions, insights from the talk?

Culture is an outcome of values, behaviours and actions. The barriers include: Complacency "not my problem"; Risk and consequences of speaking out; Lack of integrity; self-justification.

- What is stopping the development of wellbeing culture in your organisation?
- What might your role be?

We all have the opportunity to shape culture. We are equipped with ethical and moral standards and can build "an ecosystem that encourages grace, truthfulness and feedback".

- What actions and practices will build this ecosystem in your workplace? What role can you have in making this reality?
- Who defines what is good vs bad? Where is moral truth from originally?"

Carl described seeking forgiveness from an employee.

- What good examples of dealing with hurt at work have you seen? How might you practice forgiveness in the workplace?

Carl ended by saying "I want to be able to demonstrate forgiveness and ask for forgiveness because of the forgiveness I have received from the Lord Jesus Christ. Grace shapes all I do."

- Grace is unconditional favour. How would knowing grace and forgiveness shape all you do?

Next steps

Chat to a Christian colleague and ask your questions

See soulfactor.org for further resources in your region